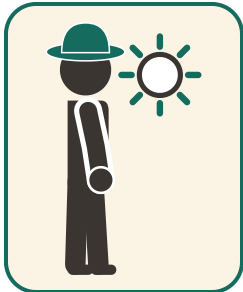


Healthy Habits: Why Do We Do Them?

Name: _____ Date: _____

★ Draw a line from each habit to the sentence that tells why we do it.



It makes us fit, fast and strong.



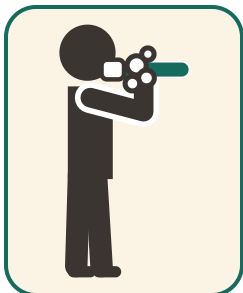
Our body and brain rest and get ready for a new day.



We do not get burnt on a hot, sunny day.



It keeps our smile clean and bright.



It gets rid of the germs we picked up when we touched things.