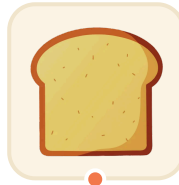
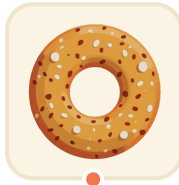
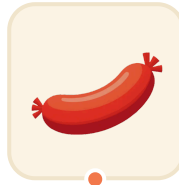


Os Quatro Grupos de Alimentos

Nome: _____ Data: _____

★ Ligue cada alimento ao seu grupo alimentar.



Frutas

Legumes e Verduras

Cereais

Proteínas