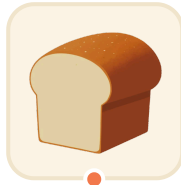
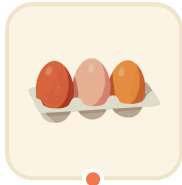


# Os Quatro Grupos de Alimentos

Nome: \_\_\_\_\_ Data: \_\_\_\_\_

★ Ligue cada alimento ao seu grupo alimentar.



Frutas

Legumes e Verduras

Cereais

Proteínas